

Mediator's Break

Monthly News & Updates June 2024

"The deeper we go into motivations, the more possibilities we find for transforming conflict." William Ury

Events and Happenings at Cape Mediation

An Intern's Letter to Cape Mediation

I really enjoyed working for Cape Mediation, specifically the youth outreach program with Maura Smith Stein. I learned many important professional lessons throughout my year of interning from being prepared for anything to having patience when unexpected opportunities present themselves. I refined my skills in conflict resolution, peer mediation, and public speaking during my time working. I gained skills with teaching, listening, writing, thinking outside the box, and flexibility. This job was not necessarily what I was expecting, although looking back I am not sure what I thought it would be, but I am so grateful for this experience because I will be able to take the things I learned and my experiences for the future in both my personal life and my career. My favorite part of my internship was connecting with the students we taught and seeing how far they had come from the beginning of the year to the end. I am extremely grateful to have had the opportunity to work with Cape Mediation my senior year and gain such valuable and unique experiences! - Sophia Carswell

Cape Mediation's Annual Youth Fundraising Campaign is Underway

Each year Cape Mediation reaches out to the community tor help in funding ou<u>Mouth</u> <u>Conflict Resolution Program</u>. This program launched in 2021 is being received by our communities with great enthusiasm. We all know how difficult it is to be a young person these days. The Cape Mediation Youth Conflict Resolution Program offers new ways to help young people to cope with the challenges they regularly face. To <u>support the</u> <u>youth program</u>, please visit us on the web at<u>CapeMediation.org</u>.

Thank You to

The Federated Church of Orleans

We want to once again thank the Local Mission Committee of the Federated Church of Orleans for their generous support of our dispute resolution services. Their contribution helps to ensure that we can continue to offer high-quality conflict resolution services to our community. At Cape Mediation we believe that dispute resolution services play a critical role in building a stronger community, now more than ever. We are grateful for their commitment to helping us to make a positive impact on the lives of those around us.

Best Wishes to Cathie Pietrafitta

We would like to wish a sincere farewell to our Case Coordinator, Cathie Pietrafitta. Cathie is embarking on a new adventure in her career. She has been an integral part of our team, bringing not only her professional expertise but also her unwavering dedication to Cape Mediation. Her contributions have left an indelible mark, and she will be deeply missed. As Cathie moves on to this new opportunity, we want to express our heartfelt gratitude for her impact on Cape Mediation. We have no doubt that Cathie will continue to excel in all that she does, and we are thrilled that she will continue to be present at Cape Mediation as a volunteer and as a Coach for future mediators in our 2024 Basic Mediation Training. We wish her nothing but the best in her future endeavors.

The Board's Corner

Cape Mediation has many activities in motion as we start the busy summer season on Cape Cod. The Board is particularly gratified that our Basic Mediation Training course has started and will run through June. This is only the second time we have offered this training since 2019 and we hope to return to offering it at least annually going forward. Traditionally, many of those taking the course go on to become volunteer mediators with us, and we hope this trend continues!



Star Wars and Conflict Resolution, There are Alternatives to Fighting, Edited by Noam Ebner & Jen Reynolds, 2022, DRI Press, an imprint of the Dispute Resolution Institute at Mitchell Hamline School of Law. At the heart of the Star Wars saga is the most common social phenomenon in human existence: conflict. Exploring Star Wars through a conflict perspective, this book provides insights into our own conflicts.



Overcoming Barriers to Settlement, Negotiation Skills for Civil Litigators and Mediators in Mediation

The Massachusetts Bar Association (MBA) will be hosting a webinar on Tuesday, June 4, from 4:30-6:00PM focusing on overcoming obstacles to negotiation in a civil case during mediation. The program will be held on Zoom. Registration is required by noon on Tuesday, June 4, to participate in the program. To register, visit the MBA at <u>https://www.massbar.org</u>.

The Justices of the Appeals Court Sitting in Barnstable County, Wednesday, June 5th. For information about the arguments to be hear, visit: <u>https://www.maappellatecourts.org/calendar/ac/#june</u>



June 2024

Please note there will be no Discussion & Debrief during the month of June. We look forward to seeing everyone in July!

Tuesday, June 4, 2024, 9:00 AM- Session #2 (Remote) Basic Mediation Training.

<u>Thursday, June 6, 2024, 9:00 AM</u> - Orleans District Court In-Court Mediation. We are back in Court every Thursday to mediate in Orleans! If you are interested in joining the in-person panel, please <u>contact us</u> to join us for our next Orientation & Refresher.

Tuesday, June 11, 2024, 9:00 AM - Session #3 (Remote) Basic Mediation Training.

<u>Thursday, June, 13 2024, 9:00 AM - Orleans District Court In-Court Mediation.</u> We are back in Court every Thursday to mediate in Orleans! If you are interested in joining the in-person panel, please <u>contact us</u> to join us for our next Orientation & Refresher.

Tuesday, June 18, 2024, 9:00 AM- Session #4 (Remote) Basic Mediation Training.

<u>Wednesday, June 19, 2024</u> - Juneteenth - Cape Mediation office will be closed in observance of the holiday.

<u>Thursday, June 20, 2024, 9:00 AM -</u>Orleans District Court In-Court Mediation. We are back in Court every Thursday to mediate in Orleans! If you are interested in joining the in-person panel, please <u>contact us</u> to join us for our next Orientation & Refresher.

Tuesday, June 25, 2024, 9:00 AM- Session #5 (Remote) Basic Mediation Training.

<u>Thursday, June 27, 2024, 9:00 AM</u> - Orleans District Court In-Court Mediation. We are back in Court every Thursday to mediate in Orleans! If you are interested in joining the in-person panel, please <u>contact us</u> to join us for our next Orientation & Refresher.

Visit CapeMediation.org





Submit Your Request for Mediation and Conciliation Services Online!

Submit your request to schedule a Mediation or Conciliation on our website at CapeMediation.org and fill out a<u>Request for</u> <u>Services</u> form. After we receive your request, one of our experienced case coordinators will contact you to learn more. You may also

reach us by phone at 508-240-1717 or by <u>email</u> at info@capemediation.org.



Advanced Dispute Resolution Skills Practice Training

Cape Mediation's Advanced Dispute Resolution Practice Training Program is for newly trained neutrals and for neutrals that wish to gain additional advanced hands-on experience. This program provides an invaluable opportunity to practice mediation and conciliation skills, and

is held remotely by Zoom. You will be paired with experienced neutrals under the supervision of our Volunteer Development Coordinator. It is an important next step for anyone involved in the field of Dispute Resolution. <u>READ MORE</u>.

To Register visit us on the web at CapeMediation.org or click Register.



Cape Mediation's Youth Conflict Resolution Programs

Cape Mediation now offer programs in Youth Conflict Resolution training, Youth Peer Mediation, and Youth Conflict Management workshops. To start a Youth Conflict Management Program or host a workshop at your school or organization, please email our

Youth Coordinator, Maura Smith Stein, at <u>mauras@capemediation.org</u>.



Mediator's Break is Online

Want to reference an old newsletter but your inbox is, well, a little overwhelming and you'd rather not scroll back to find the needle in the haystack? Don't fret -- now you can access our Newsletter from our website, www.CapeMediation.org, along with archives. <u>Click Here to</u> <u>View Current and Past Newsletters</u>.



Stay Up-to-Date on Cape Mediation News and Events

Stay up to date with news and information, articles and our calendar of events at Cape Mediation and in our community. <u>Click Here to View</u> <u>News and Events</u>.

For Cape Mediation Staff and Volunteers



Keep Us Updated!

Don't miss out! Do you have a new email address, phone number or mailing address? Would you like to mediate in person? Are you interested in getting more involved with Cape Mediation or have an idea for a workshop? We want to know! Click the link below to share your updated information with us.



Cape Mediation Website Members-Only Page

The Members Only page on the Cape Mediation website is open to all Cape mediation active volunteers and staff. Find: Events Calendar, Open job positions, Debrief Highlights, and more! This page is open to Cape Mediation staff and volunteers.

Volunteer Sign-Up!

Volunteers can now sign-up to volunteer to mediate and conciliate through the link on our Members-Only Page.

Volunteer Calendar

See important dates and happenings listed on the Volunteer Calendar located on the Members-Only Page.

To request access to this page, please email Peter at: peterkelsey@capemediation.org



Interested in Becoming More Involved?

If you are interested in becoming more involved in any of our programs, please<u>reach</u> <u>out</u>! Additionally, if you are interested in volunteering in our Remote Dispute Resolution programs, but are unsure about the process or technology, we want to help! We will schedule you for to observe or pair you with someone with experience in telephone and videoconferencing to help. <u>Contact us</u>.

Cape Mediation's Google Groups Discussion Board

We invite all Cape Mediation volunteers to join our virtual Dispute Resolution email discussion group where we share information about job opportunities, news and articles about the world of Dispute Resolution .**This group is open to Cape Mediation staff and volunteers.** If you have not already joined, please <u>contact us to join</u>.

Discussion & Debrief

Whether you are an active remote mediator or conciliator, want to keep your skills sharp, or want to learn more about our remote process, please join us as we debrief our sessions. During the debrief we talk about which skills worked best and what other skills might have been used, focusing on challenges and skills. **Debriefs are open to Cape Mediation staff and volunteers.**

Skill-of-the-Month

Don't be shy about sharing your feedback with us – we want our next Skill of the Month Discussion to be even better! *Please send any feedback to Peter at: <u>peterkelsey@capemediation.org</u>*

VOLUNTEER AVAILABILITY FOR JUNE 2024

If you have not already signed-up, please send us your available volunteer dates by clicking the button below. We offer mediations and conciliations remotely weekdays, both in the morning and afternoon. We also are excited to be back in-person offering mediations at the Orleans District Court House on Thursdays.

If you have not mediated or conciliated remotely, consider giving it a try. We will pair you with an experienced remote volunteer and we are sure once you try it, you'll like it!

MY JULY AVAILABILITY

Our Coordinators are There!

Our coordinators are always there to help and to answer any questions that may come up when you volunteer.

We Will Take Care of the Tech!

Don't know how to run breakout rooms? Never hosted a Zoom meeting? No problem! A tech person is available for <u>ALL</u> programs to take care of the tech so you don't have to!

Support Cape Mediation



Support Cape Mediation

Your donations help us continue to provide high quality services to our community. For a small organization like

Cape Mediation, the cliche "every dollar counts" holds true.



Donate with Amazon Smile

We're on Amazon Smile if you'd like to make donations at

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no cost to you - just follow <u>this link</u> and for every purchase you make on Amazon, Amazon will donate 0.5% of the price to Cape Mediation. It may not seem like much, but it all adds up!

Donate Today



Want to stay in touch on a platform that isn't email? Follow us on Instagram or Facebook where you'll find up-to-date information, workshop and training announcements, and more!



More Information

About Us Visit: CapeMediation.org/About/

National Association for Community Mediation Visit: NAFCM.org

Resolution Massachusetts Visit: ResolutionMA.org

<u>Mass Law Libraries</u> Visit: https://www.mass.gov/orgs/trial-court-law-libraries

Cape Mediation | <u>Website</u>

THANK YOU TO OUR SUPPORTERS

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