

Mediator's Break

Monthly News & Updates
April 2024

"One of the keys to resolving this dispute was gaining the trust of both sides."

Jau Frankel Schau

Events and Happenings at Cape Mediation

Best Wishes

Ros Cresswell of the Massachusetts Office of Public Collaboration (MOPC) is stepping down from her position as Director of Community Mediation Programs. Ros has had a significant impact on Community Mediation Centers throughout her years at MOPC. She was instrumental in assisting Community Mediation in Massachusetts through her support of centers in grant making, strategic planning, outreach and education, program development, training and mediator excellence. Ros helped to develop and implement the first pilot program for prisoner pre-release mediation in Massachusetts in collaboration with the Department of Correction. She worked with the National Association for Community Mediation committees gathering and sharing best practices and liaising with national networks, and served on MOPC facilitation teams for consensus building and public engagement processes and as a mediator on public disputes. Thank you, Ros, for all you did, you truly made a difference!



Thank You to the Massachusetts Bar Foundation

On March 5th Cape Mediation's Vice President, James Duane, attended the Massachusetts Bar Foundation's (MBF) Annual Meeting at Suffolk University School of Law. At the meeting, former MBF President Angela C. McConney passed the gavel to President G. Perry Wu.

During the meeting, the Foundation reflected on the work and legacy of the late Hon. Edward M Ginsburg and presented The Great Friend of Justice Award to his family. Grantee remarks were delivered by Christina Paradiso of Community Legal Aid (CLA) about her work as a supervising attorney of CLA's Family Law Unit. Thank you to the MBF for their continued support of Cape Mediation and community mediation centers throughout Massachusetts, helping to make justice more accessible to all in the Commonwealth.

Massachusetts
Attorney General's
Office

Annual Virtual Office of the Massachusetts Attorney General Grantee Meeting

On March 27th our Executive Director, Anne Tessier, attended the Annual Virtual Grantee Meeting hosted by the Massachusetts Attorney

General's Office. Kickstarting the event was Attorney General Andrea Joy Campbell with opening remarks. Mediation practitioners and court personnel from around Massachusetts were invited to attend to explore the latest mediation trends, discuss challenges, and celebrate achievements. The meeting spotlighted several subjects relevant to our communities and our ADR programs, such as evolving landscape in mediation practices, refining data collection processes, and gathering incite on program enhancement opportunities moving forward. The Massachusetts Office of the Attorney General has been an avid supporter of Community Mediation in the Commonwealth for many years, and we wish to express our sincere gratitude for their continued support.



It is Good to be Back!

Our first month back in-person at the Orleans District Court has been a great success. It is good to be welcomed back and to see so many familiar faces. Many in our community have taken the opportunity to meet with our experienced mediators face-to-face once again. Mediation improves the administration of justice by helping people to resolve their case without the need for

a trial and enables the court to reduce their backlog. Mediation creates a safe, neutral, and structured environment for people to resolve disputes on their own terms, helps to clarify issues, addresses underlying concerns, helps de-escalate anger, and promotes understanding. Cape Mediation now offers our services to more people than ever before through in-person mediation at the Orleans District Court, in addition to reaching people remotely by telephone and by Zoom.



Interested in Hearing About Upcoming Trainings and Workshops?

Please contact us at <u>info@capemediation.org</u> to join our mailing list to learn about upcoming trainings and workshops!

How Do Lessons in Mediation Apply to Everyday and Professional Life

The skills we learn in mediation can help in our everyday and professional life. This month we spoke with Peter Kelsey, a second year law student at the University of Massachusetts School of Law, to learn how mediation skills help him.

"Interests? Positions? Knowing the difference can make or break a deal. As I am finishing up my 2L year at UMass Law, I can't help but think how indispensable the tools learned in our Basic Mediation Training have been for my classes and for my confidence. Each week I have a different negotiation simulation as part of my ADR course. We are given a fact pattern, construct a prep plan, negotiate with other students, and debrief as a class. While our Basic Mediation Training had not

emphasized negotiating settlements, the active listening and notetaking practice has made adding new dispute resolution tools one step easier. I have found the process steps and more specific phrases like "What's this been like for you?" helps open discussions and steer the conversation in a favorable direction. However, as I'm sure the mediators among us know, this confidence did not come without practice. Both my ADR course and the Cape Mediation's training make it an important point to use the tools from class in our daily lives. Doing so has not only helped master each skillset, but makes it easier to see how they are connected, giving a deeper, more functional understanding of each."

To learn more about our Conflict Management workshops, Mediation Skills.

Training, or to participate in mediation, please visit us on the web at

<u>capemediation.org.</u>

The Board's Corner



Welcome to Our Newly Elected Board Officer!

We are excited to announce that our Board of Directors elected it's new officer at their Annual Meeting. Meet Courtney West. Courtney is a small business owner who is originally from Harwich. She completed her Bachelors at Boston University and MBA at the Frankfurt School of Finance. Through learning about the youth programs at Cape Mediation, Courtney became very passionate about taking on a leadership role to help. Courtney is also the head coach of Saint John Paul II's Women's Tennis team and lives in Barnstable with her husband and young son.



April 2024

<u>Thursday, April 4, 2024, 9:00 AM</u> - Orleans District Court In-Court Mediation. We are back in Court every Thursday to mediate in Orleans! If you are interested in joining the in-person panel, please <u>contact us</u> to join us for our next Orientation & Refresher.

<u>Thursday, April 11, 2024, 9:00 AM</u> - Orleans District Court In-Court Mediation. We are back in Court every Thursday to mediate in Orleans! If you are interested in joining the in-person panel, please <u>contact us</u> to join us for our next Orientation & Refresher.

<u>Thursday, April 11, 2024, 4:00 PM</u> - Discussion & Debrief for Mediators and Conciliators. Please join your fellow Cape Mediation volunteers. Whether you are an active remote mediator or conciliator, want to keep your skills sharp, or want to learn

more about the remote process please join us. The bi-monthly Discussion & Debrief is open to all Cape Mediation volunteer Mediators and Conciliators. Contact us to join the discussion or look for the notice in your inbox.

<u>CANCELLED</u> Thursday, April 18, 2024, 9:00 AM - Orleans District Court will be closed from April 15- April 30 therefore In-Court Mediation will not take place on the corresponding Thursdays during this closure.

<u>CANCELLED</u> Thursday, April 25, 2024, 9:00 AM - Orleans District Court will be closed from April 15- April 30 therefore In-Court Mediation will not take place on the corresponding Thursdays during this closure.

Thursday, April 25, 2024, 4:00 PM - Discussion & Debrief for Mediators and Conciliators. Please join your fellow Cape Mediation volunteers. Whether you are an active remote mediator or conciliator, want to keep your skills sharp, or want to learn more about the remote process please join us. The bi-monthly Discussion & Debrief is open to all Cape Mediation volunteer Mediators and Conciliators. Contact us to join the discussion or look for the notice in your inbox.

Visit CapeMediation.org





Submit Your Request for Mediation and Conciliation Services Online!

Submit your request to schedule a Mediation or Conciliation on our website at CapeMediation.org and fill out a Request for Services form. After we receive your request, one of our experienced case coordinators will contact you to learn more. You may also

reach us by phone at 508-240-1717 or by email at info@capemediation.org.



Advanced Dispute Resolution Skills Practice Training

Cape Mediation's Advanced Dispute Resolution Practice Training Program is for newly trained neutrals and for neutrals that wish to gain additional advanced hands-on experience. This program provides an invaluable opportunity to practice mediation and conciliation skills, and

is held remotely by Zoom. You will be paired with experienced neutrals under the supervision of our Volunteer Development Coordinator. It is an important next step for anyone involved in the field of Dispute Resolution. **READ MORE**.

To Register visit us on the web at <u>CapeMediation.org</u> or click <u>Register</u>.



Youth Conflict Resolution Programs

Cape Mediation now offer programs in Youth Conflict Resolution training, Youth Peer Mediation, and Youth Conflict Management workshops. To start a Youth Conflict Management Program or host a workshop at your school or organization, please email our Youth Coordinator, Maura Smith Stein, at

mauras@capemediation.org.



Mediator's Break is Online

Want to reference an old newsletter but your inbox is, well, a little overwhelming and you'd rather not scroll back to find the needle in the haystack? Don't fret -- now you can access our Newsletter from our website, www.CapeMediation.org, along with archives. Click Here to View Current and Past Newsletters.



Stay Up-to-Date on Cape Mediation News and Events

Stay up to date with news and information, articles and our calendar of events at Cape Mediation and in our community. Click Here to View News and Events.



Stories Mediators Tell, Editors Eric R. Galton, Lela P. Love, 2012, American Bar Association. "A collection of first-hand accounts of the unpredictable and often dramatic nature of mediation." Visit www.ShopABA.org.



Free (REMOTE) Trial Court ADR Conciliation Training

Do you have On May 2nd and 3rd from 8:30 AM-1:00 PM, The Massachusetts Trial Court is offering it's Free ADR Conciliation Training for attorneys that have practiced for at least three years in Massachusetts and are in good sanding with the Board of Bar Overseers. To Register contact the Office of Chief Justice Stacey J. Fortes by calling (617) 788-8810 or by email to AODC@jud.state.ma.us.

For Cape Mediation Staff and Volunteers



Keep Us Updated!

Don't miss out! Do you have a new email address, phone number or mailing address? Would you like to mediate in person? Are you interested in getting more involved with Cape Mediation or have an idea for a workshop? We want to know! Click the link below to share your updated information with us.

Click here for the survey!



Cape Mediation Website Members-Only Page

The Members Only page on the Cape Mediation website is open to all Cape mediation active volunteers and staff. Find: Events Calendar, Open job positions, Debrief Highlights, and more! This page is open to Cape Mediation staff and volunteers.

Volunteer Sign-Up!

Volunteers can now sign-up to volunteer to mediate and conciliate through the link on our Members-Only Page.

Volunteer Calendar

See important dates and happenings listed on the Volunteer Calendar located on the Members-Only Page.

To request access to this page, please email Peter at:

peterkelsey@capemediation.org

New to Members-Only Page!

The most recently updated Conciliation Process is now available on the Members-Only Page for your review and reference!



Interested in Becoming More Involved?

If you are interested in becoming more involved in any of our programs, please <u>reach</u> <u>out!</u> Additionally, if you are interested in volunteering in our Remote Dispute Resolution programs, but are unsure about the process or technology, we want to help! We will schedule you for to observe or pair you with someone with experience in telephone and videoconferencing to help. <u>Contact us</u>.

Cape Mediation's Google Groups Discussion Board

We invite all Cape Mediation volunteers to join our virtual Dispute Resolution email discussion group where we share information about job opportunities, news and articles about the world of Dispute Resolution . This group is open to Cape Mediation staff and volunteers. If you have not already joined, please contact us to join.

Discussion & Debrief

Whether you are an active remote mediator or conciliator, want to keep your skills sharp, or want to learn more about our remote process, please join us as we debrief our sessions. During the debrief we talk about which skills worked best and what other skills might have been used, focusing on challenges and skills. **Debriefs are open to Cape Mediation staff and volunteers.**

Skill-of-the-Month

Don't be shy about sharing your feedback with us – we want our next Skill of the Month Discussion to be even better! Please send any feedback to Peter at: peterkelsey@capemediation.org

VOLUNTEER AVAILABILITY FOR MAY 2024

If you have not already signed-up, please send us your available volunteer dates by clicking the button below. We offer mediations and conciliations remotely weekdays, both in the morning and afternoon. We also are excited to be back in-person offering mediations at the Orleans District Court House on Thursdays.

If you have not mediated or conciliated remotely, consider giving it a try. We will pair you with an experienced remote volunteer and we are sure once you try it, you'll like it!

MY MAY
AVAILABILITY

Our Coordinators are There!

Our coordinators are always there to help and to answer any questions that may come up when you volunteer.

We Will Take Care of the Tech!

Don't know how to run breakout rooms? Never hosted a Zoom meeting? No problem! A tech person is available for <u>ALL</u> programs to take care of the

Support Cape Mediation



Support Cape Mediation

Your donations help us continue to provide high quality services to our community. For a small organization like

Cape Mediation, the cliche "every dollar counts" holds true.



Donate with Amazon Smile

We're on Amazon Smile if you'd like to make donations at

no cost to you - just follow **this link** and for every purchase you make on Amazon, Amazon will donate 0.5% of the price to Cape Mediation. It may not seem like much, but it all adds up!

Donate Today



Want to stay in touch on a platform that isn't email? Follow us on Instagram or Facebook where you'll find up-to-date information, workshop and training announcements, and more!







More Information

About Us

Visit: CapeMediation.org/About/

National Association for Community Mediation

Visit: NAFCM.org

Resolution Massachusetts

Visit: ResolutionMA.org

Mass Law Libraries

Visit: https://www.mass.gov/orgs/trial-court-law-libraries

Cape Mediation | Website







President's Circle

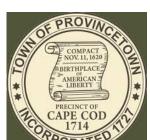
Lois Andre Nancy Ayotte Susan & Roger Carroll Jim & Michelle Duane William C. Gardiner Kathleen Heffernan Ellen Kapinos Jane Lea John W. Lea

Michael & Rob Normandy John O'Toole Cathy Pietrafitta Robin Reid Kathy Shea John and Karen Townsend David Veach & Naomi Turner Karen Wallace Martin Webb

Foundations and Businesses























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MASSACHUSETTS





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