

Mediator's Break

Monthly news & updates
June 2023



"It's about moving parties forward so they can engage in positive change." Robin B. Reid, Esq.

Events and Happenings at Cape Mediation

You Can Make A Difference Support Cape Mediation's Youth Program

The Cape Mediation Youth Conflict Resolution Program offers new ways to help young people learn to cope with the challenges they face every day by learning to incorporate conflict management tools into their daily lives. You can make a difference in the lives young people. Won't you consider giving to our youth programs, so that we can start them on a healing path and help them to help others? Any contribution is welcomed and we hope that you are as excited by this initiative as we are. Visit us on the web at CapeMediation.org to **donate today**.

Thank You to The Federated Church of Orleans

We want to once again thank the Federated Church of Orleans for their generous grant to support of our dispute resolution services. Their contribution helps to ensure that we can continue to offer high-quality training and services to the courts and communities we serve. We are grateful for the church's commitment to helping us to make a positive impact on the lives of those around us. Our dispute resolution services and trainings play a critical role in promoting peaceful conflict resolution and building stronger communities. With the support of organizations like the Federated Church of Orleans, we can continue to make a difference in the lives of those we serve.

The Newest Addition to Our Staff

I am a recent graduate from Bridgewater State University with a degree in Psychology. I love to travel and was very fortunate to spend 4 months in Ireland this past fall. Over those 4 months, I was able to visit over 13 countries by backpacking. I am very excited for the opportunity to be a part of the team at Cape Mediation!



The Board's Corner

The Board of Directors would like to extend an invitation to all of our Cape Mediation volunteers to join us for our upcoming in person Board of Directors Board meeting on Wednesday, June 21st at 10:00 AM to noon in Orleans. This meeting is the first time the board has met together in person since 2020. Please join us for a chance to meet the board members, learn more about our programs and accomplishments, exchange ideas and discuss the future of our organization. Your commitment and contribution have been instrumental in our success, and we greatly value your input and perspective. Please **R.S.V.P. attend in-person** no later than Friday, June 9th. If you are unable to attend in-person, we invite you to join us on Zoom. Please **R.S.V.P. attend by Zoom** by Friday, June 9th, to receive the login information. Thank you once again for your continued support, and we look forward to seeing you at the meeting!



June 2023

Thursday, June 8, 2023, 4:00 PM - Discussion & Debrief for Mediators and Conciliators. Whether you are an active remote mediator or conciliator, want to keep your skills sharp, or want to learn more about the remote process please join us. The Discussion & Debrief is open to all Cape Mediation volunteer Mediators and Conciliators. Contact us to join the discussion or look for the notice in your inbox.

<u>Thursday</u>, <u>June 19</u>, <u>2023</u> - Cape Mediation will be closed in observance of Juneteenth.

<u>Wednesday, June 21, 2023, 10:00 AM - 12:00 PM</u> - Cape Mediation's Board of Directors invites our volunteers to join us for their in person Board of Director's Board meeting. Space is limited. Please register to join us no later than Friday, June 9th. To attend in person, please <u>R.S.V.P. attend in person</u>. If you are unable to join in person, please <u>R.S.V.P. attend by Zoom.</u>

<u>Thursday, June 22, 4:00 PM</u> - Cape Mediation's Listening Circles Workshop. Join our Youth Program Coordinator, Maura Smith Stein, and Daisy O'Neil, Youth Program

Visit CapeMediation.org





Submit Your Request for Mediation and Conciliation Services Online!

Submit your request to schedule a Mediation or Conciliation on our website at CapeMediation.org and fill out a <u>Request for Services</u> form. After we receive your request, one of our experienced case coordinators will contact you to learn more. You may also reach us by phone at 508-240-1717 or by <u>email</u> at info@capemediation.org.



Advanced Dispute Resolution Skills Practice Training

Cape Mediation's Advanced Dispute Resolution Practice Training Program is for newly trained neutrals and for neutrals that wish to gain additional advanced hands-on experience. This program provides an invaluable opportunity to practice mediation and conciliation skills, and is held remotely by Zoom. You will be paired with experienced neutrals under the supervision of our Volunteer

Development Coordinator. It is an important next step for anyone involved in the field of Dispute Resolution. **READ MORE**.

To Register visit us on the web a t **CapeMediation.org** or click **Register**.



Cape Mediation's Youth Conflict Resolution Programs

Cape Mediation now offer programs in Youth Conflict Resolution training, Youth Peer Mediation, and Youth Conflict Management workshops. To start a Youth Conflict Management Program or host a workshop at your school or organization, please email our Youth Coordinator, Maura Smith Stein, at mauras@capemediation.org.



Mediator's Break is Online

Want to reference an old newsletter but your inbox is, well, a little overwhelming and you'd rather not scroll back to find the needle in the haystack? Don't fret --now you can access our Newsletter from our website, www.CapeMediation.org, along with archives. Click Here to View Current and Past Newsletters.



Stay Up-to-Date on Cape Mediation News and Events

Stay up to date with news and information, articles and our calendar of events at Cape Mediation and in our community. Click Here to View News and Events.



Getting to Yes, Negotiating Agreement Without Giving In, by Roger Fisher and William Ury., Penguin Books, 1981. A straightforward, universally applicable method for negotiating personal an professional conflict disputes without getting taken--and without getting angry.

Workplace Wars and How to End Them, by Kenneth Kaye, AMACON, 1984, Turning personal conflicts into productive teamwork.



The BCBA Annual Meeting

The Barnstable County Bar Association's annual meeting is taking place June 14, 2023 at 5pm at the Cummaquid Golf Club. Tickets are \$80.00 per person, you can pay online at **barnstablebarassociation.org** under "News and Events" or mail a check to P.O. Box 718 Barnstable, MA 02630. We hope to see you there!

Provincetown Portuguese Festival & Blessing of the Fleet

celebrates Portuguese heritage and Blessing of the Fleet. This popular annual event is jam-packed with food, games, live music, dancing, and parades. The weekend is capped off with the traditional "Blessing of The Fleet" where boats of all sizes line up to receive the blessing for a safe and prosperous season. To learn more visit them on the web at https://www.provincetownportuguesefestival.com/.

For Cape Mediation Staff and Volunteers



Cape Mediation Website Members-Only Page

The Members Only page on the Cape Mediation website is open to all Cape mediation active volunteers and staff. Find: Events Calendar, Open job positions, Debrief Highlights, and more! This page is open to Cape Mediation staff and volunteers. To request access to this page, please email Peter at: peterkelsey@capemediation.org



Interested in Becoming More Involved?

If you are interested in becoming more involved in any of our programs, please <u>reach</u> <u>out!</u> Additionally, if you are interested in volunteering in our Remote Dispute Resolution programs, but are unsure about the process or technology, we want to help! We will schedule you for to observe or pair you with someone with experience in telephone and videoconferencing to help. **Contact us**.

Cape Mediation's Google Groups Discussion Board

We invite all Cape Mediation volunteers to join our virtual Dispute Resolution email discussion group where we share information about job opportunities, news and articles about the world of Dispute Resolution .**This group is open to Cape Mediation staff and volunteers.** If you have not already joined, please **contact us to join.**

Discussion & Debrief

Whether you are an active remote mediator or conciliator, want to keep your skills sharp, or want to learn more about our remote process, please join us as we debrief our sessions. During the debrief we talk about which skills worked best and what other skills might have been used, focusing on challenges and skills. **Debriefs are open to Cape Mediation staff and volunteers.**

Skill-of-the-Month

Don't be shy about sharing your feedback with us – we want our next Skill of the Month Discussion to be even better! *Please send any feedback to Peter at:* **peterkelsey@capemediation.org**

Volunteer Availability for J 2023

If you have not already signed-up, please send us your available volunteer dates by clicking the button below. We offer mediations and conciliations remotely weekdays, both in the morning and afternoon.

If you have not mediated or conciliated remotely, consider giving it a try. We will pair you with an experienced remote volunteer and we are sure once you try it, you'll like it!

MY JUNE AVAILABILITY

Our Coordinators are There!

Our coordinators are always there to help and to answer any questions that may come up when you volunteer.

We Will Take Care of the Tech!

Don't know how to run breakout rooms? Never hosted a Zoom meeting? No problem! A tech person is available for <u>ALL</u> programs to take care of the tech so you don't have to!

Support Cape Mediation



Support Cape Mediation

Your donations help us continue to provide high quality services to our community. For a small organization like

Cape Mediation, the cliche "every dollar counts" holds true.



Donate with Amazon Smile

We're on Amazon Smile if you'd like to make donations at

no cost to you - just follow **this link** and for every purchase you make on Amazon, Amazon will donate 0.5% of the price to Cape Mediation. It may not seem like much, but it all adds up!

Donate Today



Want to stay in touch on a platform that isn't email? Follow us on Instagram or Facebook where you'll find up-to-date information, workshop and training announcements, and more!







More Information

About Us

Visit: CapeMediation.org/About/

National Association for Community Mediation

Visit: NAFCM.org

Resolution Massachusetts

Visit: ResolutionMA.org

Mass Law Libraries

Visit: https://www.mass.gov/orgs/trial-court-law-libraries

COVID-19 Information on Cape Cod

Barnstable County Helpline for COVID-19 Related Questions: 1-774-330-3001

Information Surrounding the Pandemic

For up-to-date information on changes as a result of circumstances surrounding the pandemic, visit the **Mass.gov** website.

Cape Mediation | Website







THANK YOU TO OUR SUPPORTERS

President's Circle

Lois Andre
Nancy Ayotte
David & Gretchen Callahan
Susan & Roger Carroll
Jeanette & Susan T. Carroll
Steven C. Gould
Kathleen Heffernan & Rick Ward
Ellen Kapinos
Jane Lea

Patricia Mahoney
Bob Mauterstock
Michael & Rob Normandy
Scott Parr
Cathy Pietrafitta
Kathy Shea
John and Karen Townsend
David Veach & Naomi Turner
Karen Wallace

Foundations and Businesses

































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