

MEDIATION: *BASIC SKILLS TRAINING*

Class Two:

Introduction
First Joint Session



“We create positive change”

Mediation Steps

- INTRODUCTION
 - Welcome
 - Give Information
- FIRST JOINT SESSION - everyone together
 - Get Information - WHAT HAPPENED?
- MEDIATOR BREAK
 - Make Plans
- FIRST PRIVATE SESSIONS - each person alone
 - Get Information - WHAT'S THIS BEEN LIKE?
- MEDIATOR BREAK
 - Make Plans

Mediation Steps (Continued)

- **LATER PRIVATE SESSIONS** - each person alone
 - Transmit Information - WHAT DO YOU WANT TO DO ?
- **MEDIATOR BREAK**
 - Make Plans
- **LAST JOINT SESSION** - everyone together
 - Look at Options
 - Decide What to Do
- **WRITE AGREEMENT**
 - WIN-WIN
 - Balanced
 - Clear
 - Specific
 - Workable

Step One:

The Introduction

- Explain your Goals
- Describe the Mediator's Role.
- Explain the Process.

Step Two:

First Joint Session

- Ask: "What Happened?"
 - After each person speaks
 - Identify the theme
 - "So for you, this is about... and you said..."
 - Only 2-3 Sentences
 - Check in: "Is that right?"

- Summarize
 - Let each person tell their story
 - Do not interrupt

- 3) Task: *Think about what is important to you*

Let's Practice

- "Intro"
- "First Joint Session"