



CAPE
MEDIATION

Mediator's Break

Monthly news & updates

September, 2022



EVENTS AND HAPPENINGS AT CAPE MEDIATION



ANNUAL APPEAL

The Board of Directors has begun planning for Cape Mediation's Annual Appeal, a major fundraising effort. You can expect to see and hear more about our year-end fundraising effort in the near term.



WELCOME KAREN WALLACE TO THE BOARD

Karen has been mediating with Cape Mediation since taking their training in the fall of 2014. She's a semi-retired public sector labor relations attorney who now spends much of the year at her home on Cape Cod. She's also an active volunteer with the Consumer Assistance Council in Hyannis, Wellfleet Preservation Hall and the Payomet Performing Arts Center. She's honored to join the Cape Mediation Board.



PETER IS STEPPING BACK

Peter is stepping back from his position as full-time Executive Assistant/Operations Associate to pursue his studies in law. He is staying on with us part-time and will continue to be an important part of the Cape Mediation team. While he gets settled into his new routine, the rest of the office staff will be filling in for Peter for a short time, including trying our hands at the newsletter.. We hope you will bear with us until he is back!

THE BOARD'S CORNER

Officer and Director Update. John Dorn was recently appointed Secretary of the Board of Directors, replacing Ellen Joy Kapinos whose term as Secretary and as a Director on the Board of Directors came to an end this past summer. John O'Toole continues as President and Treasurer of the Board of Directors and Adrienne Watson continues as Treasurer-in-Training.

This past month Karen Wallace joined the Board. Karen graduated from the University of Connecticut School of Law and served as a labor relations attorney for the State of Connecticut for 40+years, including 20 years as the Director of Labor Relations for the University of Connecticut Health Center in Farmington Connecticut.

A FEW WORDS FROM THE EXECUTIVE DIRECTOR

Since I was first introduced to Cape Mediation, one thing that made a big impact on me was the dedication and commitment of their volunteers and staff, giving their time and experience to help bring people together for more than thirty years. It is no surprise, then, when volunteers decide to answer the call to action. This month Karen Wallace became the newest member of the Board of Directors. Karen and I completed our mediation training together many years ago and I am so pleased to be working with her again! At her first board meeting Karen wasted no time rolling up her sleeves to get right to work. I hope everyone will join me in welcoming Karen to the Board!



September 2022

Thursday, September 8, 2022, 4:00 PM - Discussion & Debrief for Mediators and Conciliators. Whether you are an active remote mediator or conciliator, want to keep your skills sharp, or want to learn more about the remote process please join us. The Discussion & Debrief is open to all Cape Mediation volunteer Mediators and Conciliators. **Contact us** to join the discussion or look for the notice in your inbox.

Thursday September 22nd, 2022, 4:00 PM - Skill of the Month for Mediators and Conciliators. This month we will be talking about note taking. **Contact us** to join the discussion or look for the notice in your inbox.

[VISIT CAPEMEDIATION.ORG](https://www.capemediation.org)

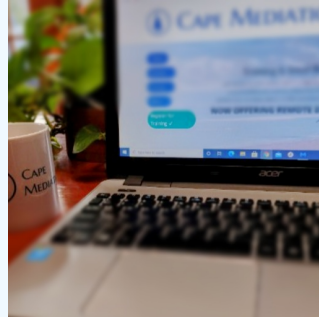
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Mediator's Break is now on our website!

Want to reference an old newsletter but your inbox is, well, a little overwhelming and you'd rather not scroll back to find the needle in the haystack?! Don't fret -- now you can access our Newsletter from our website, www.CapeMediation.org, along with archives.

[Click Here to View Current and Past Newsletters](#)



Submit Your Request for Mediation and Conciliation Services Online!

Submit your request to schedule a Mediation or Conciliation on our website at
CapeMediation.org
and fill out a
[Request for Services](#)
form.

After we receive your request, one of our experienced case coordinators will contact you to learn more.

You may also reach us by phone at 508-240-1717 or by email.

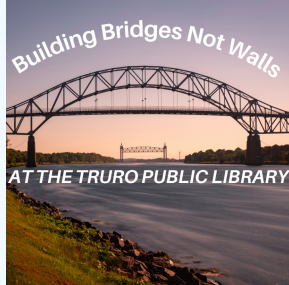
Books & Beyond



Never Split the Difference, Negotiating as if your life depended on it, Chris Voss with Tahl Raz,

*Have you read any good books or online articles lately? Do you have a favorite book or article on Dispute Resolution? If so, please **contact us** and we'll share it in the next issue of Mediator's Break.*





BUILDING BRIDGES NOT WALLS WORKSHOP

We've hosted a number of successful in-person workshops this spring at the Truro Public Library. If you missed out, not to worry! We plan to offer more workshops at the Library this fall — stay tuned for dates and times.

To learn more about the Workshop visit our website at CapeMediation.org or visit Truro Public Library at TruroLibrary.org.

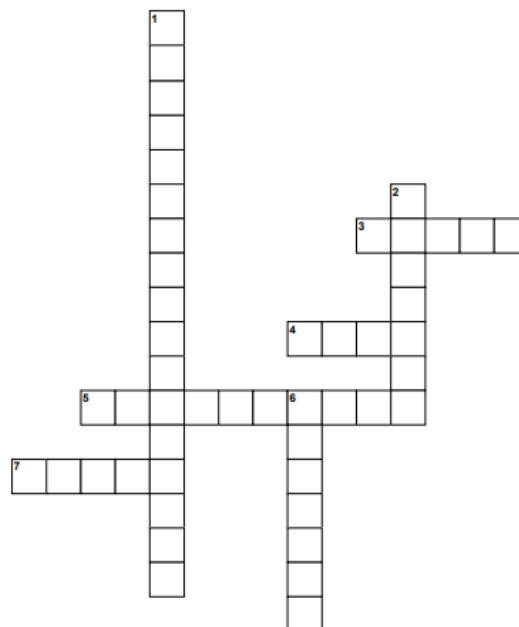
CCYP Annual Bash

Join the CCYP's at their Annual Back to Business Bash on September 22nd at Cape Cod Gateway Airport!

The Bash is an extraordinary opportunity to connect with community members and colleagues from all across the region while enjoying the best that Cape Cod has to offer in food, drink, entertainment, and fun!

For more information visit the CCYP on the web at capecodyoungprofessionals.org

Process Crossword Puzzle



Across

[3] ONE WAY A MEDIATOR MUST SET THE STAGE FOR THE MEDIATION IS TO BUILD _____ BY BEING CALM, COURTEOUS, CONCERNED, COMPETENT

[4] CAPE MEDIATION IS A NON-PROFIT AGENCY THAT STARTED IN 1989

[5] MEDIATORS MUST ALWAYS ADHER TO THE MEDIATION

[7] TAKING BREAKS DURING MEDIATIONS ISN'T IMPORTANT VERY IMPORTANT

Down

[1] TWO OF THE MOST POWERFUL MEDIATOR SKILLS

[2] A MEDIATOR MANAGES THE _____ NOT THE OUTCOME

[6] A MEDIATOR IS EDUCATED BY THE

CLICK HERE FOR ANSWERS TO THE CROSSWORD

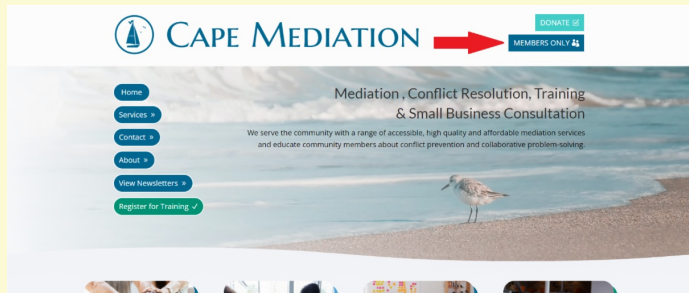
For Cape Mediation Staff and Volunteers

Cape Mediation Website Members Only Page

The Members Only page on the Cape Mediation website is open to all Cape mediation active volunteers and staff.

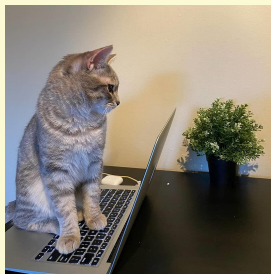
Find:

Events calendar
Open job positions
Debrief Highlights
and more!



This page is open to Cape Mediation staff and volunteers.

To request access to this page, please email Peter at: peterkelsey@capemediation.org



Interested in Becoming More Involved?

If you are interested in becoming more involved in any of our programs, please **reach out!**

Additionally, if you are interested in volunteering in our Remote Dispute Resolution programs, but are unsure about the process or technology, we want to help! We will schedule you for to observe or pair you with someone with experience in telephone and videoconferencing to help. **Contact us.**



Cape Mediation's Google Groups Discussion Board

We invite all Cape Mediation volunteers to join our virtual Dispute Resolution email discussion group where we share information about job opportunities, news and articles about the world of Dispute Resolution with volunteers, mediators, conciliators and staff at Cape Mediation.

This group is open to Cape Mediation staff and volunteers.

If you have not already joined,

Discussion & Debrief

Whether you are an active remote mediator or conciliator, want to keep your skills sharp, or want to learn more about our remote process, please join us as we debrief our sessions and discuss what is important to you. During the debrief we talk about which skills worked best and what other skills might have been used, focusing on challenges and skills

Debriefs are open to Cape Mediation staff and volunteers.

For those of you who like to plan ahead, debrief dates

Skill-of-the-Month

The skill of the month returns in September!

We're looking forward to our next Skill of the Month feature in September. Please don't be shy about sharing your feedback with us – we want our next Skill of the Month Discussion to be even better!

Please send any feedback to Peter at:

peterkelsey@capemediation.org

please **contact us to join.**

***scheduled for September
will be the 11th and 25th
from 4:00 p.m. - 5:00 p.m.***

VOLUNTEER AVAILABILITY FOR SEPTEMBER

If you have not already signed-up, please send us your available volunteer dates by clicking the button below. We offer mediations and conciliations remotely Tuesdays through Fridays.

If you have not mediated or conciliated remotely, consider giving it a try. We will pair you with an experienced remote volunteer and we are sure once you try it, you'll like it!

MY SEPTEMBER AVAILABILITY DATES

SUPPORT CAPE MEDIATION



SUPPORT CAPE MEDIATION

Your donations help us continue to provide high quality dispute resolution services to our community. For a small organization like Cape Mediation, the cliché "every dollar counts" holds true.

[Click Here to Donate](#)

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You shop. Amazon gives.

Donate to Cape Mediation with Amazon Smile

We're on Amazon Smile if you'd like to make donations at no cost to you - just follow **this link** and for every purchase you make on Amazon, Amazon will donate 0.5% of the price to Cape Mediation. It may not seem like much, but it all adds up!



Follow Us On Social Media

Want to stay in touch on a platform that isn't email? Follow us on Instagram or Facebook where you'll find up-to-date information, workshop and training announcements, and more!



More Information

Quick Links

About Us

Visit: CapeMediation.org/About/

National Association for Community Mediation

Visit: NAFCM.org

Community Action Committee of Cape Cod and the Islands

visit: CACCI.cc

Resolution Massachusetts

Visit: ResolutionMA.org

Mass Law Libraries

Visit: <https://www.mass.gov/orgs/trial-court-law-libraries>

COVID-19 Information on Cape Cod

Barnstable County Helpline for COVID-19

Related Questions: 1-774-330-3001

Monday through Friday, from 8 AM to 4 PM

Information Surrounding the Pandemic

For up-to-date information on changes as a
result of circumstances surrounding the
pandemic,

visit the Mass.gov website.

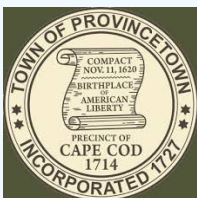
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Every time you make an Amazon purchase, you can help Cape Mediation to continue our important work.

Smile.Amazon.com

Cape Mediation | Website





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MASSACHUSETTS



Massachusetts Office of
Public Collaboration (MOPC)



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